

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Break -fast	Whole Wheat Cereal Apple Juice Milk	Pancakes Sugar free Syrup Apple Sauce Milk	Oatmeal Mandarin Oranges Milk	Toast & Jelly Orange Juice Milk	Cheerios Apple Juice Milk
Lunch	Mac & Cheese Ham Green Beans Mandarin Oranges Milk	Bread All Beef Hot Dogs Baked Beans Peaches Milk	Rice Turkey Romaine Lettuce Apple Wedges Milk	Pasta Chicken Nuggets Cucumber Bananas Milk	Bread Sliced Ham Carrots / Dip Mandarin Oranges Milk
PM Snack	Saltines Cucumber/ Dip Water	Egg Bread & Butter Water	Pretzels Apple Juice	Ritz crackers Milk	Banana Milk

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal Orange Juice Milk	Cheerios Apple Juice Milk	Bagel & Cream Cheese Mandarin Oranges Milk	Whole Wheat Cereal Apple Juice Milk	Toast & Jelly Oranges Milk
Lunch	Bread Scrambled Eggs Cucumber & Dip Apple Sauce Milk	Pasta W/Tomato Sauce Meatballs Romaine Lettuce Apple Wedges Milk	Bread Sliced Ham Corn Pineapple Milk	Bread Fish Sticks Baked Beans Banana Milk	Rice Turkey Green Beans Peaches Milk
PM Snack	Vanilla Wafers Milk	Cinnamon Toast Milk	Saltines Orange Juice	Cucumber & Dip Milk	Bananas Milk

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagels Cream Cheese Orange Juice Milk	Oatmeal Mandarin Oranges Milk	Whole Wheat Cereal Apple Juice Milk	Toast & Jelly Banana Milk	Cheerios Orange Juice Milk
Lunch	Bread Fish Sticks Baked Beans Apple Wedges Milk	Bread Turkey Romaine Lettuce Peaches Milk	Pasta w/ Alfredo sauce Ham Carrot & Dip Orange Wedges Milk	Toast Scrambled Egg Baked Beans Pineapples Milk	Bread Ham Corn Banana Milk
PM Snack	Animal Crackers Milk	Grapes Milk	Pretzels Milk	Cinnamon Toast Apple Juice	Saltines Cucumber & Dip Water

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Wheat Cereal Orange juice Milk	Pancakes Sugar free Syrup Mandarin Oranges Milk	Toast & Jelly Orange Juice Milk	Cheerios Apple Juice Milk	Oatmeal Banana Milk
Lunch	Rice Chicken Nuggets Green Beans Applesauce Milk	Bread Turkey Baked beans Pineapple Milk	Bread & Butter Scrambled Egg Carrots & Dip Apple wedges Milk	Mac & Cheese Ham Romaine Lettuce Banana Milk	Pasta w/ Tomato Sauce Meatballs Corn Peaches Milk
PM Snack	Saltines Cucumber & Dip Water	Cinnamon Toast Milk	Ritz Crackers Milk	Animal Crackers Milk	Grapes Milk